

July

After today's Don't Clock Out meeting, I reflected on the type of nurse and person I want to become. I cannot change my past actions, but I can decide how I respond to them. I want this experience to strengthen my self-awareness, humility, ethical judgment, and willingness to seek support. **My goal is not simply to satisfy requirements, but to develop habits that will protect my wellbeing and support safe nursing practice throughout my career.** Continuing peer support is one part of my commitment to sustained rehabilitation and responsible professional growth.

Thank you DontClockOut.org

Monday, Jul 6

